

The G-Sexual Addiction Screening Test (G-SAST-R)

The Male Sexual Screening Addiction Test (G-SAST-R) is a preliminary sexual addiction assessment tool. The G-SAST-R provides a profile of responses that help to identify men with sexual impulse disorders. To complete the test, answer each question by placing a check in the appropriate **Yes/No** box. A score higher than three may indicate symptoms of sexual addiction, which would require further exploration with a professional clinician.

Yes	No	
		1. Were you abused or emotionally neglected as a child or adolescent?
		2. Do you regret the amount of time you spend online in online sexual chats, viewing porn, webcam sex or chatting with prostitutes etc?
		3. Did your parents have ongoing sexual or romantic problems?
		4. Do you feel preoccupied or distracted by your sexual thoughts or activity?
		5. Have you, on multiple occasions, kept hidden or lied about money that you spent on having sex?
		6. Does your significant other(s), friends, or family ever worry or complain about your sexual behavior?
		7. Do you have trouble stopping your sexual behavior when you know it is inappropriate and/or dangerous?
		8. Has your involvement with porn, online hook-ups, sex and dating websites, cruising social networks for sex etc., become greater than your intimate contacts with romantic partners?
		9. Do you keep the extent or nature of your sexual activities hidden from your friends and/or partners?
		10. Do you look forward to events with friends or family being over so that you can go out to have sex?
		11. Have you had certain kinds of sex or had sex with certain people that later disgusted you when you thought back on it?
		12. Do you believe that anonymous or casual sex has kept you from having more long-term intimate relationships or from reaching other personal goals?
		13. Do you have trouble maintaining relationships once the "sexual newness" of a new partner has worn off?

The G-Sexual Addiction Screening Test (G-SAST-R)

The Male Sexual Screening Addiction Test (G-SAST-R) is a preliminary sexual addiction assessment tool. The G-SAST-R provides a profile of responses that help to identify men with sexual impulse disorders. To complete the test, answer each question by placing a check in the appropriate **Yes/No** box. A score higher than three may indicate symptoms of sexual addiction, which would require further exploration with a professional clinician.

Yes	No	
		14. Do your sexual encounters place you in danger of arrest?
		15. Have you ever potentially exposed a loved-one or spouse to a sexually transmitted disease and not told them about it?
		16. Has anyone ever been hurt emotionally by events related to your sexual behavior, e.g. lying to partner or friends, not showing up for event/appointment due to sexual hook-ups, etc?
		17. Have you ever been approached by private security, charged or arrested by the police, etc. related to your sexual activities?
		18. Have you ever been sexual with a minor?
		19. When you have sex, do you feel depressed afterwards or later regret it?
		20. Have you made repeated promises to yourself or another person to change some form of your sexual activity only to break them later?
		21. Have your sexual activities interfered with some aspect of your professional or personal life, e.g. caused problems at work, loss of relationship?
		22. Have you engaged in repeated experiences of unsafe or "risky" sex even though you knew it could cause you harm?
		23. Have you had more than one sexually transmitted disease?
		24. Have you ever had sex with someone just because you were feeling aroused and later felt ashamed or regretted it?
		25. Have you ever cruised public restrooms, rest areas, gym locker rooms and/or other public places seeking anonymous sexual encounters with strangers?

Integrated Therapeutic Solutions, LLC

2450 Atlanta Hwy, Unit 1403

Cumming, GA 30040

New Appointments: (678)722-103 Fax: (678)909-0441

www.integratedtherapeuticsolutions.com